



**THE REDEEMED CHRISTIAN CHURCH OF GOD**  
**Anointed Chapel Brampton**  
**DIGGING DEEP**

**Topic: Fruit of Peace and Gentleness**

**November 18, 2020**

**Text:** Galatians 5: 22-23, John 15:2

**INRODUCTION:** The fruit of the Spirit which is the effect Holy Spirit has on the life of a believer generally will show in our relationship with others. Among other characteristics in Galatians 5: 22-23 lists love, patience, kindness, goodness, peace and gentleness etc. all of which must be expressed. It is not enough to be kind in one's heart-one must show that kindness to others.

**PEACE:**

The peace of the Holy Spirit refers to a state or condition of tranquility (great calmness) or quietness in the midst of turmoil eg Covid-19 pandemic issue. It speaks of unity and harmony; security and trust. God is our refuge, shielding us from all the attacks of the evil one, and we can find perfect peace and rest in Him; as in Psalm 91. Peace as the fruit of the Holy Spirit flows freely from the inexhaustible source of the Holy Spirit when you surrender your entire being to Him.

**BIBLICAL USAGE OF PEACE**

- (A) **Grace and peace:** Rev 1: 4. Peace is the evidence and assurance of God's grace extended to us.
- (B) **Love and peace:** 2 Corinthians 13: 11. There can only be peace where there is love.
- (C) **Holiness and peace:** 1 Thess 5:23, Heb 12: 14. Through peace and holiness one can be preserved and also see God.
- (D) **Righteousness and peace:** James 3:18. Our gospel is that of peace and those who profess it should have peace in their hearts.
- (E) **Trust and peace:** Isaiah 26: 3. Peace of God is given to one who has his mind fixed on God.

**GENTLENESS**

It is amazingly fitting that in the Bible the Holy Spirit is symbolized by a dove, Jesus is symbolized by a lamb and His followers are referred to as sheep. All these are symbols of gentleness- the spiritual fruit of submission. Gentleness speaks of an inward attitude rather than external action. It implies being moderate, peaceful and submissive without the idea of weakness or inferiority. Jesus portrayed gentleness through humility when He washed the feet of His disciples in John 13:5. The three main ideas of gentleness as the fruit of the spirit are these:

1. Submission to the will of God. Matthew 11:29
2. Teachableness. James 1:21
3. Being considerate. Philippiian 2:3-4

## **BIBLICAL REFERENCES TO GENTLENESS**

**1. Gentleness and meekness.** 2 Corinthians 10:1. Here gentleness refers to mildness in manners of disposition which is the opposite of harshness.

**2. Gentleness and humility:** Ephesians 4:2. Gentleness is not possible without humility.

**3. Gentleness and wisdom:** James 3: 13. The wise man is humble and gentle.

**4. Gentleness and salvation:** Psalm 149: 4. God crowns the humble with salvation.

**CONCLUSION:** As Christians, constantly being filled with the Holy Spirit is the only way we can manifest the fruit of the Spirit. This is the prerequisite for living a fulfilled Christian life.